

Dear Sir/Madam:

Please consider my application for the 2024 DCCI Scholarship for Canadian Students with Disabilities.

I have enclosed:

1. Essay of how my disability shaped my decision to study Sciences at UBC.
2. Transcript from Southridge School – proof of graduation.
3. Proof of my acceptance to UBC Sciences program.
4. Proof of my Canadian citizenship – birth certificate.
5. Proof of my disability from my pediatrician Dr. Karen Bamber.

Sincerely,
Benjamin Hartl
July 24, 2024

How My Disability Shaped My Decision to Study Sciences at UBC

When I was ten years old, I was diagnosed with ADHD. My pediatrician in addition to medication, recommended a holistic approach to managing my condition, emphasizing vigorous daily exercise. This prescription not only helped me manage my symptoms but also ignited a lifelong passion for health and fitness. Reflecting on my journey, I realize how profoundly my disability has shaped my decision to study sciences at the University of British Columbia (UBC) with the goal of becoming a doctor.

Fitness has been a cornerstone of my ADHD management. My routine includes an hour of weightlifting six days a week, complemented by cardio sessions after big meals. This regimen has provided structure, discipline, and a sense of accomplishment, which are crucial for managing ADHD. The physical benefits of exercise have been immense, but the mental and emotional resilience it has fostered are even more significant. Through fitness, I learned the importance of a holistic approach to health, which includes physical activity, nutrition, and mental well-being. This comprehensive view of health has been instrumental in shaping my desire to study sciences, as it highlighted the interconnectedness of different aspects of health and the importance of a well-rounded approach to medicine.

My focus on health and fitness extended beyond personal benefits to include community service and leadership. As a member of my school's First Responder's Club, I underwent extensive training in first aid, allowing me to serve as a medical leader for my classmates and support emergency medical personnel during school events. This role has been incredibly fulfilling, providing me with hands-on experience in emergency medical situations and allowing me to make a tangible impact on my school community. Additionally, my involvement in the First Responder's Club has reinforced my commitment to pursuing a career in medicine, highlighting the critical need for knowledgeable and compassionate medical professionals.

Volunteering has been another significant aspect of my journey. I have dedicated many hours to volunteering at elementary schools, medical clinics, and Métis heritage events, sharing my skills, knowledge, and enthusiasm for health and fitness. One of the most impactful experiences was a week-long outreach trip to Haida Gwaii. Working alongside medical professionals, we administered hearing tests to patients and initiated a research project aimed at improving otolaryngology care in remote Indigenous communities. This experience was transformative, broadening my understanding of healthcare disparities and the unique challenges faced by remote communities.

The trip to Haida Gwaii was not only an eye-opener but also a confirmation of the passion I feel for serving others. Through our efforts, we provided essential healthcare services and laid the foundation for improved healthcare strategies that positively impact the lives of those in need. The experience reinforced my belief in the importance

of accessible and equitable healthcare for all communities. It also underscored the need for continuous research and innovation in medicine to address healthcare disparities.

My disability and the holistic approach to managing it have profoundly influenced my decision to study sciences at UBC. The journey has taught me resilience, empathy, and the importance of a comprehensive approach to health. It has also fueled my passion for medicine and my commitment to making a difference in the lives of others. As I embark on my academic journey at UBC, I am driven by the desire to integrate my personal experiences with my academic pursuits, with the ultimate goal of becoming a doctor who not only treats diseases but also promotes overall well-being and health equity.

In conclusion, my disability has been a significant catalyst in shaping my aspirations and career goals. The challenges and triumphs of living with this disability have instilled in me a deep understanding of the importance of holistic health, community service, and continuous learning. These experiences have guided me towards a path of studying sciences at UBC, with the aspiration of becoming a compassionate and dedicated doctor. Through this journey, I aim to contribute to the field of medicine and make a positive impact on the lives of others.



Ministry of Education and Child Care

TRANSCRIPT OF GRADES

Graduation Program 2023

Issue Date: 2024-07-25

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Student Information

HARTL, BENJAMIN DAVID

PEN: 133596999

DOB: Aug 14, 2006

School of Record

03696610

SOUTHRIDGE SCHOOL

2656 160TH ST

SURREY, BC

V3Z 0B7

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COURSE NAME	COURSE CODE	REQ	EQU	SESSION DATE	GR 12 SCHOOL %	GR 12 EXAM %	FINAL %	FINAL LETTER GRADE	CREDITS
CORE FRENCH 10	FR 10	17		2022/06			93	A	4
FOOD STUDIES 10	FOOD 10			2021/04			86	A	4
FOUNDATIONS OF MATH AND PRE-CALCULUS 10	FMP 10	6		2022/06			78	B	4
LITERARY STUDIES 10	LTST 10	1		2022/01			91	A	2
NEW MEDIA 10	NMD 10	1		2022/01			91	A	2
PHYSICAL AND HEALTH EDUCATION 10	PHED 10	10		2022/06			90	A	4
POWER TECHNOLOGY 10	TPOW 10	17		2022/01			89	A	4
SCIENCE 10	SC 10	8		2022/01			88	A	4
SOCIAL STUDIES 10	SS 10	4		2022/06			93	A	4
WOODWORK 10	WWK 10	11		2022/01			90	A	4
CHEMISTRY 11	CH 11			2023/06			85	B	4
CORE FRENCH 11	FR 11			2023/06			86	A	4
DRAMA 11	DRM 11	17		2023/06			87	A	4
EFP LITERARY STUDIES AND NEW MEDIA 11	ELNM 11	2, 14		2023/06			90	A	4
LIFE SCIENCES 11	LFSC 11	17		2023/06			87	A	4
PHYSICS 11	PH 11			2023/06			78	B	4
PRE-CALCULUS 11	PREC 11	7		2023/08			92	A	4
ACTIVE LIVING 12	ACLV 12	19, 17		2024/06			94	A	4
ANATOMY AND PHYSIOLOGY 12	ATPH 12	19, 9		2024/06			93	A	4
CHEMISTRY 12	CH 12	19, 17		2024/06			90	A	4
ENGLISH STUDIES 12	ENST 12	19, 3		2024/06			94	A	4
PHILOSOPHY 12	PHIL 12	5		2024/06			86	A	4
PRE-CALCULUS 12	PREC 12	17		2024/06			88	A	4
CAREER-LIFE CONNECTIONS	CLC	13		2024/06			87	A	4
CAREER-LIFE EDUCATION	CLE	12		2021/06			86	A	4
CAREER-LIFE EDUCATION B	CLEB			2023/06			80	B	(2)
LITERACY 10 ASSESSMENT	LTE10	15		2021/11			RM		NA
LITERACY 12 ASSESSMENT	LTE12	18		2024/01			4		NA

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QUESTIONS? STUDENTS SHOULD CONTACT THEIR SCHOOL OF RECORD IMMEDIATELY



a place of mind
THE UNIVERSITY OF BRITISH COLUMBIA

February 12, 2024

Benjamin David Hartl
[859 Parker St](#)
[White Rock, BC](#)
[V4B 4R3](#)

Dear Benjamin Hartl,

Congratulations! We're thrilled to offer you admission to the University of British Columbia. You've been admitted to the following UBC degree(s)/program(s):

- Bachelor of Science, on UBC's Vancouver campus

UBC takes great care in selecting the incoming class each year, and it is outstanding students like you who make UBC such an exceptional learning environment. Join students from across Canada and around the globe to forge new paths, transform ideas into action, and change the world.

Start your UBC journey at <https://you.ubc.ca/ubcjourney>. There, you will find out how to get ready for your first day - everything from accepting your offer and planning your finances, to finding a place to live.

Log into your Applicant Service Centre account at <https://myapplication.ubc.ca/> to download your Letter of Admission as well as Accept or Decline your offer of admission. Your admission letter contains all the details and conditions of your offer, and can be used to apply for a study permit, if you need one.

Sincerely,
UBC's Undergraduate Admissions Office

University of British Columbia
Enrolment Services
2016 - [1874 East Mall](#)
[Vancouver, BC Canada V6T 1Z1](#)

BIRTH CERTIFICATE
BRITISH COLUMBIA

BIRTH CERTIFICATE

VSA 434(14/08)

Jack Shewchuk
Registrar General
Vital Statistics Agency

VITAL STATISTICS ACT
Certified extract from
Registration of Birth
filed at Victoria, BC,
Canada.

Surname **HARTL**

Given Name(s) **BENJAMIN DAVID**

Date of Birth **AUG 14, 2006** Sex **MALE**

Place of Birth **VANCOUVER**

Registration Number **2006-59-025161**

Date of Registration **AUG 17, 2006** Date of Issue **MAR 07, 2023**

Name of Parent **LEGGE, AMANDA JANE**

Birthplace of Parent **BRITISH COLUMBIA, CANADA**

Name of Parent **HARTL, TREVOR TODD**

Birthplace of Parent **BRITISH COLUMBIA, CANADA**



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**Academic Accommodation Request
Mental Health Verification Form**

SECTION 1: To be completed by the patient

Last Name: <u>HARTL</u>	First Name: <u>BEN</u>
Preferred/Given names:	DOB: <u>Aug. 14, 2006</u>
Address <u>859 Parker St.</u> <u>Whiterock, B.C.</u> <u>V4B 4R3</u>	Phone #: <u>604-765-5473</u> Email: <u>amanda4t@gmail.com</u>

I hereby authorize my treating physician to release relevant medical information to Southridge School. Any costs associated with this form are the responsibility of the patient/parent/guardian.

Signature of patient or parent/ guardian: AUTUM

SECTION 2: To be completed by the treating Physician, Psychologist or Psychiatrist

Verification of diagnosis:

Please provide a clear diagnostic statement. Include a DSM-V Code and diagnosis. Avoid phrases "suggests", "is indicative of", etc. NOTE: indicate any co-existing diagnoses or concurrent conditions, including the DSM-V code where applicable.

ADHD diagnosed 2016

Assessment Information:

How long has the student been your patient?

- ☐ Seen for first time today
☐ 1 week or less
☐ 6 months or less
☐ 1 year or less
☒ More than 1 year

Will you be monitoring this student while they attend Southridge School? Yes / (No)

Current Treatment (check all that apply):

- ☐ Psychotherapy
☐ Group Therapy
☐ Massage Therapy
☐ Occupational Therapy
☐ Physiotherapy
☐ Complementary Therapies
☐ Other: _____

Is the student currently taking any medications for their symptoms?

If yes, please specify any side effects that impact on the student's functioning?

(Yes) / No

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Academic Accommodation Request Mental Health Verification Form

For ADHD only:

Has an ADHD assessment been completed?

☒ Yes / No

If so, please list the assessment tool(s) used:

Weiss Symptom Inventory
Review of school records
Interview

If yes, please briefly describe the ADHD treatment plan that is in place:

(for example, medication, counselling, executive functioning coaching, etc.)

medication
home & school accommodations

Recommendations suggested:

In your professional opinion, which accommodations would you recommend for this student in the school setting? Southridge strives to provide reasonable supports but we cannot guarantee that all recommendations will be accommodated if they go beyond the scope of the school's available resources.

	Not needed	Might be helpful	Essential
Separate Setting		✓	
Extra time for Assessments			✓
One Test Per Day		✓	
Scheduled School Counselling <small>Note: School counselling does not replace the need for outside services</small>		✓	
Extra breaks			✓
Other: <u>Support for time management</u>			

Name of Medical Doctor:

Specialty:

Pediatrics

Address/ Stamp:

DR KAREN BAMBER
3501 20641 Logan Avenue
Langley BC V3A 7R3
Phone 604-534-2900
Fax 604-532-2905

Signature:



Date:

Jan 31/24

Phone:

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