

Disability Credit Canada Scholarship 2022- Essay
July 27, 2022

Applicant:

Chelsea Westrom UofC Student number 300169052
66 Wishart Street Red Deer, Alberta
T4N 5W3

I am excited to have the opportunity to apply for this scholarship as I enter the Masters of Clinical Social Work through the University of Calgary (UofC) that started on May 2nd of this year. My past educational involvement starts in 2005 when I was accepted into the Addictions Counselling Diploma through the Medicine Hat College. After two years students in this faculty have a choice to finish with the diploma or continue onto the University of Lethbridge to complete at Bachelors of Health Sciences with a major in Mental Health and Addictions Counselling. I chose to complete my degree and convocation in May 2009. After working 6 years for the Saskatchewan Health Region as a Mental Health and Addictions Counsellor I started my family. My partner and I had 4 sons who now range in age from 10 years old down to 3 years old. We moved to Alberta 2 years ago to support a change in my husbands job. With this move I had the opportunity to work for the Red Deer Polytechnic and was the successful applicant for the 2020-2021 school year. I worked in the Counselling Services department under Student Services. This recent and my past work experience ignited a drive in me to one day complete a Masters Degree. Needless to say I was ecstatic when I found out I was accepted into the UofC. This Masters will take 3 years to complete with two practicums.

The program I am taking specializes in both Trauma as well as the clinical components of Social Work. This means I will be working closely with the Diagnostic Statistics Manual as well as Therapies that are Best Practice for assessing and treating many learning disabilities as well as mental health and addictions issues. The program's entire focus is on helping people and supporting them through what causes them distress, discomfort or makes functioning hard to manage.

Along with my program focussing on clinical counselling, I have also very recently been diagnosed with ADHD. This allows for a deeper empathy when it comes to working with those who also wonder or have been diagnosed as well as speaks to the resilience I have had throughout the many years of work and education with this learning disability. I am passionate about this line of work and helping others to manage and hopefully not have to struggle any longer than they already have through mental health or learning disability challenges.

Due to being new to the student life once again, I don't have any examples of contributions to campus life however, can speak to my involvement and volunteering in my community. Prior to Covid I was a leader of two different parent groups. One parent group focussed on mothers and help set mothers up with mentorship, health professionals as well as peer support. The second group was a community drop in group for parents or caretakers of preschoolers. This group focussed on being a drop in so that children could meet and play while their caretakers could visit and get peer support. I helped run those programs for over 4 years as I took a step back from work and stayed home to raise my young sons. Currently I am connected and volunteering at another mothers group where I am doing group presentations on communication and mental health.

In the future as I progress through this Masters my hope is to take part in the mentorship program the UofC is piloting and perhaps in my last year connect to a first year student in order to help them navigate the many aspects of being a student.

Once again, I am so thankful and excited to be starting this education and to have the opportunity to apply for this scholarship in order to help with the financial stress of being a mature student, who is raising young children and introducing full time studies into the mix.

February 09, 2022

Designated Learning Institution #: O18886830282

To Whom It May Concern:

This is to certify the following program and enrollment information at this date:

Name (Last, First Middle): Westrom, Chelsea

Date of Birth: February 12, 1985

Program(s) for Spring 2022

Master's Degree in the Faculty of Graduate Studies (Course)

Master of Social Work

Social Work

Program Start: Spring 2022

Current Program Year: Year 1

| Term | Career | Begin Date | End Date | Status | Degree |
|-------------|----------|-------------|-------------|-----------|--------|
| Spring 2022 | Graduate | 04-May-2022 | 16-Jun-2022 | Full-Time | MSW |
| Summer 2022 | Graduate | 27-Jun-2022 | 10-Aug-2022 | Full-Time | MSW |
| Fall 2022 | Graduate | 29-Aug-2022 | 07-Dec-2022 | Full-Time | MSW |
| Winter 2023 | Graduate | 02-Jan-2023 | 12-Apr-2023 | Full-Time | MSW |

Regards,



Catherine McLeod

Senior Director, Strategic Operations

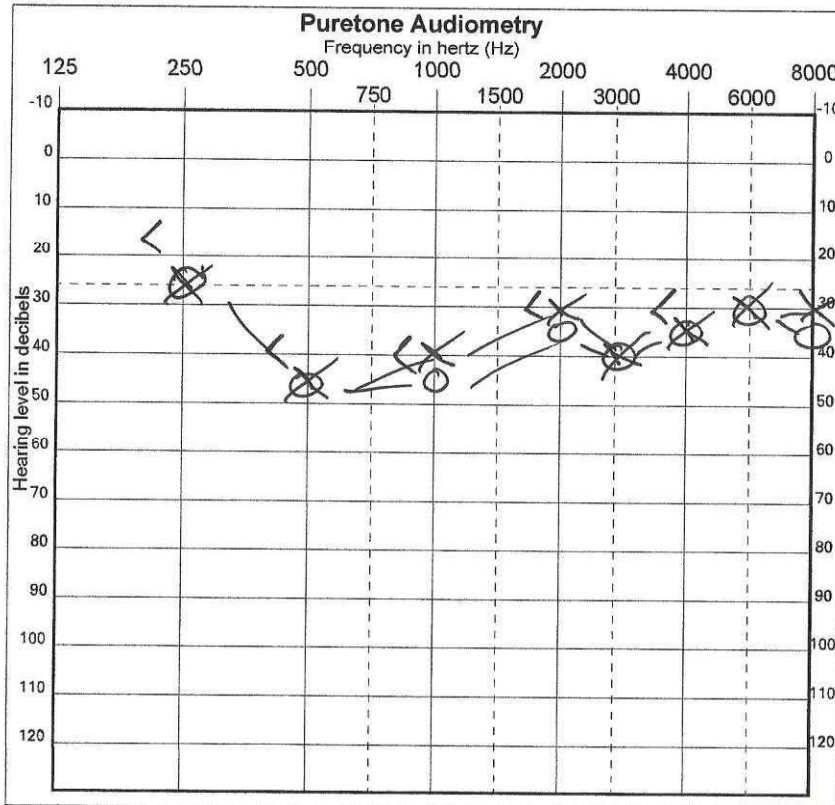
Faculty of Graduate Studies

Telephone: 1-403-220-4938

Email: graduate@ucalgary.ca

Hearing Assessment

| | | | | |
|----------------------------------|-----------------------------------|-------------------------|--|--|
| Client's (Surname) Westrom | | (First Name) Chelsey | (Initial) | Date of Birth (Year / Month / Day) 12/02/1985 |
| Address Street 20 Edina Close | | City/Town Lacombe | | State / Province AB |
| Zip / Postal Code T4L 0G2 | Telephone Number (306)630-7951 | | Date of Service (Year / Month / Day) 2020/09/14 | |



Speech Audiometry **Discrimination Loss**

| | SAT | SRT | Mask | MCL | UCL | % Stimulus Mask | % Stimulus Noise |
|----------|-----|-----|------|-----|-----|-----------------|------------------|
| R | | 40 | | | | 92 | 80 |
| L | | 35 | | | | 92 | 80 |
| Binaural | | | | | | | |
| SF | | | | | | | |
| SF-A | | | | | | | |
| SF-A2 | | | | | | | |

Speech Materials SRT/SDT DISCRIM

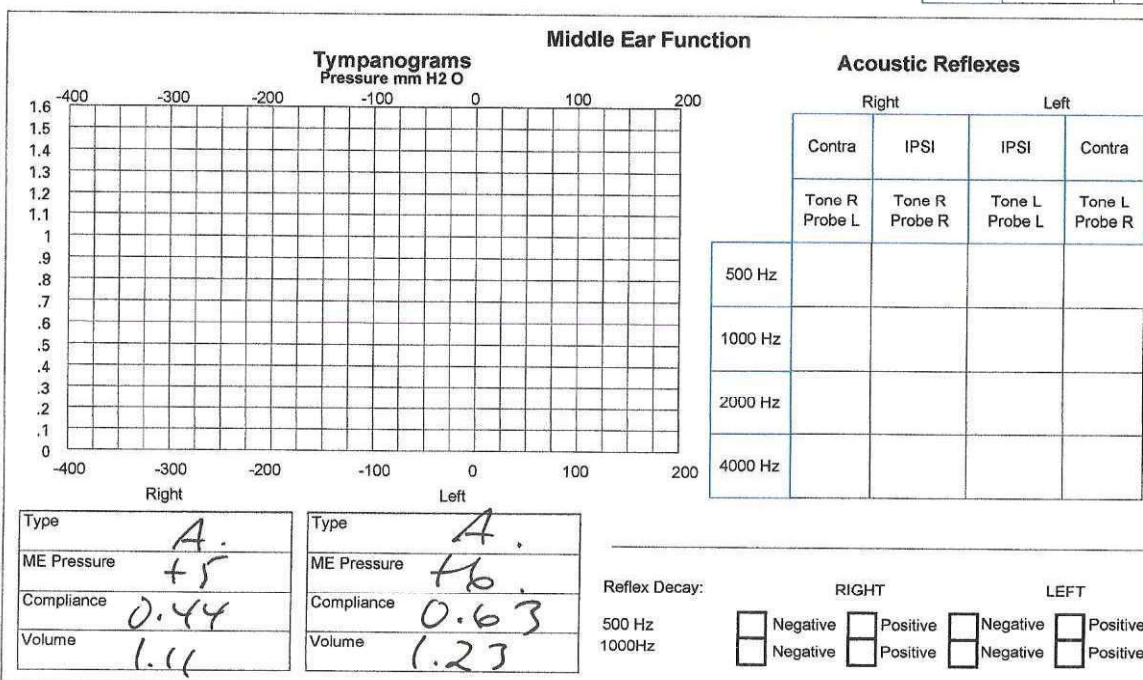
MASK MLV ☒ REC ☐

EST. Accuracy: good.

Insert Headphones ☒ Yes ☐ No

| Key | Air | | Bone | | No Response |
|-------|----------|--------|----------|--------|-------------|
| | Unmasked | Masked | Unmasked | Masked | |
| Right | ○ | △ | < | □ | ↙ |
| Left | × | □ | > | □ | ↘ |

Tympanograms
Pressure mm H2O



Middle Ear Function

Type A. ME Pressure +5 Compliance 0.44 Volume 1.11

Type A. ME Pressure +6 Compliance 0.63 Volume 1.23

Acoustic Reflexes

| | Right | Left | | |
|---------|----------------|----------------|----------------|----------------|
| | Contra | IPSI | IPSI | Contra |
| | Tone R Probe L | Tone R Probe R | Tone L Probe L | Tone L Probe R |
| 500 Hz | | | | |
| 1000 Hz | | | | |
| 2000 Hz | | | | |
| 4000 Hz | | | | |

Reflex Decay: RIGHT LEFT

500 Hz ☐ Negative ☐ Positive ☐ Negative ☐ Positive

1000 Hz ☐ Negative ☐ Positive ☐ Negative ☐ Positive

Abbreviations

CNT: Did/Could Not Test

A: Aided

SAT: Speech Recaption/Awareness Threshold

SF: Sound Field

MCL: Most Comfortable Loudness Level

UCL: Uncomfortable loudness Level

MLV: Monitored Live Voice

HL: Hearing Level

NBN: Narrow Band Noise

FM: Frequency Modulation

WNL: Within Normal Limits

CNM: Could Not Mask

NR: No Response

VIB: Vibrotactile

April 4, 2022

ATTN: To whom it may concern

This letter is in regard to Chelsea Westrom (D.O.B. February 12, 1985). I am a Registered Psychologist in the province of Alberta who has worked with Chelsea. Chelsea sought services to determine if she has Attention-Deficit/Hyperactivity Disorder (ADHD). The Conners' Adult ADHD Rating Scales (CAARS) was administered to Chelsea and an observer (Chelsea's partner). Based on the results from the CAARS assessment and my clinic interview, it is my clinical opinion that Chelsea meets the criteria for:

- **314.01 - Attention-Deficit/Hyperactivity Disorder - Predominantly hyperactive/impulsive presentation - Moderate (F90.1)**

Chelsea's symptoms manifested in early childhood and currently impact her at home and school.

Chelsea endorsed symptoms of inattention; however, her symptoms were insufficient to meet criteria for diagnosis of inattentive presentation and/or combined presentation. Nevertheless, her inattentive symptoms do interfere with how she functions at home and school.

It is my recommendation that Chelsea speak with her family physician and discuss medical options related to ADHD treatment. Chelsea would also benefit from continuing to implement behavioral strategies at home and at school to help manage her ADHD.

Please feel free to contact me if further discussion is required, contact information below.

Kind regards,



Jessica McDonald R. Psych. #4915

Alberta CANADA

CERTIFICATE OF MARRIAGE

VITAL STATISTICS

NAME OF GROOM
Westrom, Kent Alden

NAME OF BRIDE
Wicks, Chelsea Donne

PLACE OF MARRIAGE
Waterton Park

REGISTRATION NO.
2008-08-008775

DATE OF MARRIAGE
Jul 21 2008

REGISTRATION DATE
Jul 29 2008

DATE ISSUED
Jul 30 2008

CANADA
SASKATCHEWAN

CERTIFICATE OF BIRTH

DEPARTMENT OF HEALTH DIVISION OF VITAL STATISTICS

NAME
CHELSEA DONNE WICKS

BIRTH DATE
FEB 12, 1985

SEX
F

REGISTRATION No.
85-07-003166

BIRTH PLACE (City, Town, Village or Land Location)
SWIFT CURRENT

REGISTRATION DATE
FEB 25, 1985

DATE ISSUED
MAR 4, 1985

CERTIFIED EXTRACT FROM
REGISTRATION OF BIRTH
ISSUED AT
REGINA, SASKATCHEWAN, CANADA

Val Chann
DIRECTOR