

Chloe McIntyre Scholarship Essay – Disability Credit Canada

It is hard to understand my current situation without a bit of an understanding of my past. I spent my childhood as a competitive gymnast, soccer player and excellent student. I was not good enough to be chosen for the Olympics, but by the age of 12, I was excelling as a provincial level gymnast, hoping to go national level soon. I was learning goal setting, making dream boards and mentoring younger athletes just starting out in the pre-competitive program. Being a gymnast was my main identity, and I trained over 20 hours a week. I was passionate about achieving success in the sport and in life. I was also doing great in school, despite missing one afternoon a week for training. I had so much potential in sport and academics.

This all changed in January 2020 when I experienced a mental block in my tumbling and has three bad falls in the gym in a two-week period. I was diagnosed with a serious concussion and removed from all sports as well as being removed from school for the rest of the term. My sleep was severely impacted, and I experienced headaches and nausea. I became moody and was diagnosed with major depressive disorder. Those concussions changed my life, and I have struggled with my mental health and sleep ever since. Most recently, I was diagnosed with epilepsy in 2024, after experiencing several seizures and undergoing many medical tests. My neurologist is working on getting me on the right medications so I can hopefully be allowed to get my driver's license back someday. The last few years have been filled with challenges and setbacks.

As hard as things have been over the past 5 years, more recently things are feeling more positive, and I am starting to find hope in the future. I finally found medications that work for me in terms of the mental health. I still have tough days, but I am getting so much better at handling them. I have two therapists I see regularly, and I have an amazing support system in my mom, who drives me to all my appointments and is understanding and patient towards me when things get overwhelming. In Grade 9 & 10, things felt impossible and there were times we were not sure I would get through high school let alone go to college. However, after a lot of hard work, I was able to achieve honours my last two years of high school. I have started volunteering at a local elementary school (a Grade 1 & 2 class) and I am absolutely loving working with the children there. The teacher has assigned me to work with the children who are struggling more than others and I am enjoying helping them get small wins despite their difficulties. This recent work with the students has inspired me to change my Niagara College application from Culinary to Child & Youth Care. I want to help children facing learning challenges and mental health issues. It is important to me that I make a difference in my community by helping those who are the most

vulnerable. I would never have gotten where I am without the help of guidance counsellors, teachers, social workers and others who devote their life to helping youth.

I realize I am not the perfect type of student that would normally be awarded scholarships. I did not get straight A's, and I am headed to college instead of university. But I do promise I am deserving of your support, and I will make you proud if you select me. I worked so hard and overcame so much to get where I am today. My mental health disability and my challenges with seizures have made me the perfect person to pursue a career in community services and help children who are also struggling with health issues or other barriers. I hope you will consider me for this award so I can complete my studies in college and help children in need for many years to come. I appreciate everyone who helped me along the way, and I want to be that person for children who are struggling.

Thank you.

Sarah Yeniay
OCT: 675353
Alternative Pathways Teacher
Alternative Pathways Centre
District School Board of Niagara
sarah.yeniay@dsbn.org
09.03.2025



To whom it may concern,

It is with great pleasure that I write this letter of recommendation for Chloe McIntyre. Throughout the 2023-2024 school year, Chloe was in my class as part of the Alternative Pathways Program, a specialized learning environment designed to support students who face personal, academic, and social challenges. This program provides individualized guidance, mental health supports, and flexible learning opportunities to help students rediscover their strengths and build a pathway to success. Within this setting, I had the honor of witnessing Chloe's remarkable transformation.

When Chloe first joined the program, she was facing significant challenges with her mental health. Understandably, she was hesitant to engage with the support offered, and at times, she struggled to see her own potential. Over time, she opened herself up to the process, embraced the resources available to her, and, in doing so, found her own voice. She became a leader in the classroom—someone her peers naturally gravitated toward, not just for friendship, but for guidance.

As a student with an Individualized Education Plan for hearing and Major Depressive Disorder, she has had to navigate challenges that many of her peers have not. The early years of high school were particularly difficult as she battled these medical conditions, but by Grade 11 and 12, she was determined to rewrite her story. Through sheer dedication and hard work, she earned honors and proved that she is capable of achieving great things. Now, she is headed to college, ready to take on this next chapter with the same determination that got her here.

Maya Angelou once said, *"I can be changed by what happens to me, but I refuse to be reduced by it."* Chloe embodies this sentiment completely. She has faced adversity, but instead of letting it define her, she has used it to build a stronger, more determined version of herself. She doesn't just persevere—she lifts others up along the way. I have no doubt that she will bring this same drive and heart to her post-secondary studies and beyond.

I wholeheartedly recommend Chloe for this grant, knowing that she will make the most of every opportunity given to her. If you require any further information, please do not hesitate to reach out.

Sincerely,

A handwritten signature in blue ink, appearing to read 'S. Yeniay', is positioned above the printed name.

Sarah Yeniay
B.A., B.Ed., P.G. Cert. (Special Education)

sarah.yeniay@dsbn.org

March 2025

To Whom It May Concern,

I am happy to provide a letter of reference for Chloe McIntyre. I have known Chloe for approximately four years as she accessed my Learning Resource Room regularly throughout her time at Governor Simcoe Secondary School. Chloe was always respectful, appreciative and determined to overcome obstacles and adversity during her time with us. Chloe has developed into an incredibly purposeful young individual with a strong desire and drive to succeed in her post-secondary education.

Chloe had an Individual Education Plan while attending Governor Simcoe. Her IEP was set up to support her with her conductive hearing loss and her diagnosis of Dysthymia/Depression. Chloe experienced many hurdles during her time at Governor Simcoe, especially when dealing with her depression and bouts of anxiety. She utilized the resources and supports available in the Learning Resource Centre and with our school social worker. By the time Chloe entered grades 11 and 12, she had made exemplary progress with her education (honour roll) and mental wellness. She persevered and refused to quit regardless of how difficult she was feeling. Even though she may have questioned her abilities at times, her determination and mental fortitude paid off. Chloe demonstrated a strong work ethic daily. She never once used her medical or hearing challenges as a crutch. She ensured her work was completed to the best of her ability and would seek assistance and guidance respectfully and appropriately.

I do not doubt that Chloe will be successful in her post-secondary education. Her determination, perseverance and ability to work through difficult situations make her the inspiring young individual she is. I am incredibly impressed and proud of how Chloe has overcome her medical issues and educational battles. Please contact me at Governor Simcoe Secondary School if you have any questions.

Sincerely Yours,

Sean M. Quinn / Special Education Resource Teacher

Governor Simcoe Secondary School

905 934 4006

Niagara Family Health Centre
1338 Fourth Ave (Suite S100), St. Catharines, ON L2S 0G1
Tel. (905) 984-3335 Fax. (905) 984-6008
www.niagaranorthfht.ca



Dr. Jessica Graham
CPSO # 103433 Billing # 035211
Family Physician

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1338 Fourth Ave (Suite S100), St. Catharines, ON L2S 0G1
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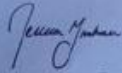
Feb 24, 2023

Chloe McIntyre
39 Village Green Drive
St. Catharines, ON
L2N 5N9
Phone: 289-213-9425

Dear Chloe:

This letter is to confirm that due to a history of dysthymia, you would benefit from accommodations as deemed appropriate by your resource teacher at school, which should include flexible deadlines when it comes to completion of school work.

Yours truly,



Dr. Jessica Graham, MD, CPSO# 103433



Jessica Graham
Family Medical Centre
150 Main Street East, Unit 0100
Grimsby Ontario L3M 1P1
Tel: 905-945-5424
Fax: 905-945-4772

August 25, 2020

CHLOE J MCINTYRE
39 VILLAGE GREEN DRIVE
ST CATHARINES, ON L2N5N9
289-213-9425
Health Ins.#5972552698

To whom it may concern, the above mentioned patient is currently recovering from a concussion. She is has been tolerating e-learning school at 75% of the expected work load. She plans to return to class this fall. She may return to normal hours and workload, however, this will be re-evaluated after 1 month or sooner if her symptoms are to return/flare. If she returns to a virtual learning model, she should be allowed frequent breaks and leniency with schedule and deadlines.

A handwritten signature in black ink, appearing to be "JG".

Signature: _____

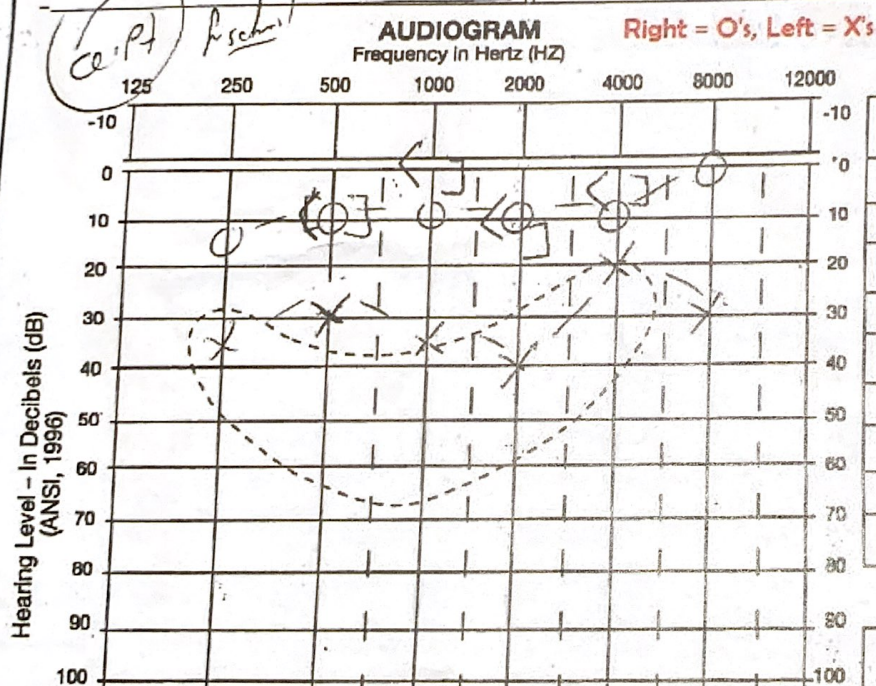
Dr. Jessica Graham, CPSO #103433
Pract. No. 103433

Created by: OSCAR The open-source EMR www.oscarcanada.org

DR. SUSHMA AMIN
OTOLARYNGOLOGY - HEAD AND NECK SURGERY

PELHAM HEALTH CENTRE
245 Pelham Road, Suite 104
St. Catharines, Ontario L2S 1X8
Tel. (905) 641-0677

DATE: Jan 10 / 19 Chart No.:
Name: Chloe McIntyre D.O.B.: April / 07
CC:



| SPEECH AUDIOMETRY | | | |
|-------------------|---------|---------|------------|
| LIVE | CD | | |
| TEST | RIGHT | LEFT | SOUNDFIELD |
| SAT | dB | dB | dB |
| SRT | 15 dB | 40 dB | dB |
| WRS | 100 % | 100 % | % |
| LEVEL | @ 55 dB | @ 70 dB | @ dB |
| MCL | 55 dB | 70 dB | dB |
| UCL | dB | dB | dB |
| TEST | RIGHT | LEFT | UNMASKED |
| BONE SRT | dB | dB | dB |

IMMITTANCE SUMMARY

TUMIDANOMETRY

Ontario High School Information

Academic Data

Literacy Test: English
Community Involvement: Yes
Highest Education: OSSD
Date Credential Achieved: 2025-01-01
Schools Attending / Attended: Governor Simcoe Secondary School - 914010

Ontario High School Grades - Total Credits To Date: 30.0

| Course Code | Completion Date | Mark | Mark Type | Credit | Course | Status | Delivery Type | Course Type | Notes | Mident Code |
|-------------|-----------------|------|-----------|--------|--------|--------|---------------|---------------------|-------|-------------|
| CHA3U1 | 202501 | 80 | Final | 1 | | | Day | Regular | | 914010 |
| CLN4C1 | 202501 | 83 | Final | 1 | | | Day | Regular | | 914010 |
| ENG4C1 | 202501 | 91 | Final | 1 | | | Day | Regular | | 914010 |
| PPL1O8 | 202408 | 95 | Final | 2 | | | Day | Co-Op Out of School | C | 980463 |
| CIC4E1 | 202406 | 90 | Final | 1 | | | Day | Regular | X | 922854 |
| HNC3C1 | 202406 | 85 | Final | 1 | | | Day | Regular | | 914010 |
| MEL3E8 | 202406 | 95 | Final | 2 | | | Day | Co-Op Out of School | C | 990604 |
| NAC2O1 | 202406 | 85 | Final | 1 | | | Day | Regular | | 922854 |
| SVN3E1 | 202406 | 77 | Final | 1 | | | Day | Regular | | 922854 |
| CGG3O1 | 202401 | 71 | Final | 1 | | | Day | Regular | | 922854 |
| DCO3O8 | 202401 | 75 | Final | 2 | | | Day | Co-Op Out of School | C | 990604 |
| HLS3O1 | 202401 | 78 | Final | 1 | | | Day | Regular | | 922854 |
| NBE3U1 | 202401 | 70 | Final | 1 | | | Day | Regular | | 922854 |
| CGC1D1 | 202306 | 81 | Final | 1 | | | Day | Regular | | 914010 |
| CHC2D1 | 202306 | 86 | Final | 1 | | | Day | Regular | | 914010 |
| ENG2D1 | 202306 | 74 | Final | 1 | | | Day | Regular | | 914010 |
| BTT1O1 | 202302 | 76 | Final | 1 | | | Day | Regular | | 914010 |
| FSF2D1 | 202302 | 70 | Final | 1 | | | Day | Regular | F | 914010 |
| MEL3E1 | 202302 | 82 | Final | 1 | | | Day | Regular | | 914010 |
| FSF1D1 | 202206 | 87 | Final | 1 | | | Day | Regular | F | 914010 |
| HFN2O1 | 202206 | 83 | Final | 1 | | | Day | Regular | | 914010 |
| MTH1W1 | 202206 | 50 | Final | 1 | | | Day | Regular | | 914010 |
| AVI1O1 | 202202 | 75 | Final | 1 | | | Day | Regular | | 907677 |
| ENG1D1 | 202202 | 82 | Final | 1 | | | Day | Regular | | 907677 |
| PPL1OF | 202202 | 85 | Final | 1 | | | Day | Regular | | 907677 |
| SNC1D1 | 202202 | 86 | Final | 1 | | | Day | Regular | | 907677 |
| CHV2OC | 202007 | 99 | Final | 0.5 | | | Other | Regular | | 980463 |
| GLC2OC | 202007 | 95 | Final | 0.5 | | | Other | Regular | | 980463 |



Confirmation of Enrolment

Issue Date:
May 24, 2025

To Whom It May Concern:

This letter confirms the enrolment status of Chloe McIntyre, student ID 4619688, at Niagara College Canada.

Student Name: Chloe McIntyre
Student ID: 4619688

Address: 39 Village Green Dr
St Catharines, ON
CAN L2N5N9

Student Program*

Program: Child and Youth Care
CIP Code: 44.0702
Program Start: September 3, 2025
Expected Completion Date: August 20, 2027
Program Length: 3 Years
Advanced Standing: No

Student Term Enrolment Details

| Term | Program | Level | Status | Term Start | Term End |
|--|---------|-------|--------|------------|----------|
| Institution Name: Niagara College Canada Institution Address: 100 Niagara College Blvd., Welland, Ontario, Canada L3C 7L3 | | | | | |

If you have received a conditional offer of admission and are still in the process of fulfilling any program admission requirements, you will not be able to enrol in or access your timetable until the Admissions Office has received confirmation of the completion of all admission requirements.

The above information is current as of the issue date noted above. Students can withdraw from a program at Niagara College anytime during the term and the College's withdrawal and refund policies would apply. If a student were to officially withdraw within 10 business days of the start of the term, the student will be refunded all fees assessed for that term (less the non-refundable deposit, as applicable). All fees paid for subsequent terms will also be refunded.

Sincerely,

Tina Matson
Director, Enrolment Services – Admissions
Enrolment Services
Niagara College Canada

* Represents the most recently active program as of the issue date.

Mcintyre, Chloe
39 Village Green Dr
St Catharines, ON L2N5N9

RT 119057180

| | | | |
|----------------------|-----------------|-----------------------|--------------|
| Student Name: | Mcintyre, Chloe | Print Date: | May 24, 2025 |
| Student ID: | 4619688 | Academic Year: | 2025 - 2026 |

Current Account Balance ¹ **\$0.00**

All new and returning domestic students are required to commit a non-refundable and non-transferable deposit once per semester. This amount is applied directly against your tuition and fees for the academic year. Payment will secure a seat in your program and allow you to select your timetable when the selection period begins.

First year students: Please note that if your non-refundable deposit is not received by the due date, your offer of acceptance will be revoked.

Upcoming Fee Deadlines

| | |
|--|------------|
| Deposit Required \$250 due by Jun 16, 2025 | |
| 2025 Fall Level 01 - P0169 Child and Youth Care | \$2,923.69 |
| Balance due by Sep 17, 2025 | |
| Deposit Required \$250 due by Nov 28, 2025 | |
| 2026 Winter Level 02 - P0169 Child and Youth Care | \$2,407.25 |
| Balance due by Jan 26, 2026 | |
| Deposit Required \$250 due by Apr 6, 2026 | |
| 2026 Spring Level 03 - P0169 Child and Youth Care | \$2,236.69 |
| Balance due by May 25, 2026 | |

| | |
|---|-------------------|
| Total due for Academic year by dates shown above | \$7,567.63 |
|---|-------------------|

Please visit the [Fee and Finances](#) web page for payment instructions.

<https://www.niagaracollege.ca/enrolmentservices/payment/options/>

¹ A positive number is a balance owing. A credit balance (shown with a negative sign) will be used towards your next term tuition.

Important Notice: There is a 24 hour delay after enrolment into courses for actual charges to display in your 'Current Account Balance'.

NOTE 1: Upcoming Fees are approximate and subject to change at any time without notice.

NOTE 2: Tuition and Fees are subject to change based on the student's course enrolment for the term.



Chloe McIntyre

Email: chloe.js.mcintyre@gmail.com

Call or Text: 289-990-0490

Profile

Organized and responsible teenager looking for volunteer work to complete my high school graduation commitments. Have completed my 30 credits already (one semester early) and am therefore available during the daytime from February to June 2025.

Work Experience

2024 APRIL TO PRESENT - TIARA RESTAURANT (VINTAGE HOTELS)

- Employed as a Hostess at the fine dining restaurant located inside Queen's Landing in Niagara on the Lake, working breakfast, brunch, lunch and dinner service.
- Duties included: telephone reservations, greeting restaurant guests, gathering customer data upon check-in, assigning tables in a balanced manner, and seating guests.
- Responsible for providing exceptional and consistent customer service to all guests

2022 APRIL TO PRESENT - WATERMARK RESTAURANT (HILTON)

- Employed as a Hostess for the 2022, 2023 and 2024 summer season at the fine dining dinner restaurant located at the top of the Hilton Niagara Falls/Fallsvue.
- Duties included: setting up table service, email/telephone reservations, answering customer inquiries, greeting restaurant guests, explaining the fixed price menu, assigning tables to servers in a balanced manner, and seating guests.
- Also assisted with bussing tables when the restaurant was busy.

2019 SUMMER TO PRESENT - BABYSITTING FOR VARIOUS FAMILIES

Competitive Athletics

2015 TO 2017, 2021 TO 2022 - SOCCER

Competitive soccer player for St. Catharines Jets and then Niagara Falls Titans.
Learned teamwork and decision making.

2010 TO 2020 - GYMNASTICS

Competitive gymnast at Gymnastics Energy, retiring as a provincial level gymnast in 2020.
Learned goal-setting, accountability, persistence and leadership.

Education & Training

- Governor Simcoe (2022 to present) - Honour Roll Grade 11 & 12.
- Hilton University (April 2022) - orientation included customer service training
- Vintage Hotels (April 2024) - exceptional customer service standard training