



# Ontario Secondary School Diploma Diplôme d'études secondaires de l'Ontario

This Diploma is granted to  
Ce diplôme est décerné à

*Katie Musleh*

a student of  
élève de

*Ottawa Carleton Virtual Secondary School*

who has fulfilled the requirements for the Ontario Secondary School Diploma  
in accordance with the provisions of the Ministry of Education, Ontario.

qui a rempli les exigences prescrites pour l'obtention du diplôme d'études secondaires de l'Ontario,  
en vertu des dispositions du ministère de l'Éducation de l'Ontario.

*Ottawa, Ontario*

Dated at  
Délivré à

the  
ce

30<sup>th</sup> day of  
jour de

June, 2022

Minister of Education /Ministre de l'Éducation

Principal of School/Directeur ou directrice de l'école

## OFFER OF ADMISSION

Katie Raed Taher Mohammad Musleh  
50-760 MARCH RD  
Kanata ON K2K 0A5

March 10, 2022

OUAC ID: 20220891520  
Waterloo ID: 21036001

Congratulations! I am pleased to advise you that the Admissions Committee has approved your application for admission to the University of Waterloo. We look forward to welcoming you into the Waterloo community.

### PROGRAM ADMITTED TO

**Program:** [Honours Arts, Co-op](#)

**Attendance:** Full-Time

**Faculty:** Arts

**Campus:** University of Waterloo

**Academic level:** 1A Term

**Entry Date:** Fall 2022

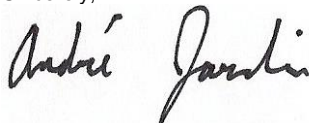
### IMPORTANT - ADMISSION CONDITIONS

- Applicants from an Ontario secondary school must complete the Ontario Secondary School Diploma (OSSD) and have a minimum final overall average of 80% based on the best 6 grade 12 U and/or M courses that must include required courses.
- In addition, a minimum final grade of 70% in a 12 U English is required.
- The University of Waterloo culture is one that supports an equitable learning environment based on the fundamental principle of the dignity and worth of all individuals irrespective of their age, ancestry, colour, racialization, ethnicity, place of origin, creed, citizenship, (dis)ability, family status, marital status, gender identity and/or expression, sex, sexual orientation and other categories protected by the Human Rights Code. This respectful culture is guided by our [Ethical Behaviour Policy](#). In the unfortunate event of an individual not upholding this culture of inclusion and respect, action and any resulting discipline will be taken in accordance with the University's [Student Discipline Policy](#).

### PLEASE NOTE

- To accept or decline this Offer of Admission, you must visit the website for the Ontario Universities' Application Centre (OUAC) at [www.ouac.on.ca](http://www.ouac.on.ca).
- **OUAC must receive your decision no later than June 1, 2022.**
- This Offer of Admission is valid only for the program, year, and session stated above.
- **If you accept this offer, you are agreeing to meet all admission conditions listed above by July 7, 2022.** The University of Waterloo reserves the right to withdraw offers of admission, residence, scholarships, or bursaries if you do not meet these conditions.
- Please note that you are not admitted to your major or *subject of major interest* in first year so that you will have time to explore several subject areas. Your academic advisor will assist you with declaring your major, usually at the end of your first year.
- If you have any questions about your Offer of Admission, please email [myapplication@uwaterloo.ca](mailto:myapplication@uwaterloo.ca) or call 519-888-4567, extension 43106.

Sincerely,



André Jardin,  
Associate Registrar, Admissions

Katie Raed Taher Mohammad Musleh  
50-760 MARCH RD  
Kanata ON K2K 0A5

March 10, 2022

Dear Katie,

Waterloo ID: 21036001

Congratulations! I am delighted that you have been offered admission to Honours Arts, Co-op. In recognition of your exceptional academic achievement, and based on the information we have received to date, I am happy to tell you that you may be eligible to receive one of the scholarships listed below.

Admission Average	Scholarship Name	Amount
95% +	University of Waterloo President's Scholarship of Distinction	<b>\$2,000</b> Entrance Scholarship plus <b>\$1,500</b> International Experience Award* and/or <b>\$1,500</b> Research Award* These awards are available in your upper years if you choose to claim them and if you complete your first year with an average of at least 80%. Details are at <a href="http://www.uwaterloo.ca/future/scholarships">www.uwaterloo.ca/future/scholarships</a>
90 - 94.9%	University of Waterloo President's Scholarship	<b>\$2,000</b> Entrance Scholarship
85 - 89.9%	University of Waterloo Merit Scholarship	<b>\$1,000</b> Entrance Scholarship

The following conditions apply:

- The amount awarded will be based on your admission average, which consists of your top six marks, including the required courses for your program.
- The admission average is normally calculated in early May. If we haven't received grades for one or more required courses in May, we'll confirm your admission average once your school sends marks for the rest of your Grade 12 courses.
- You must accept your Offer of Admission by June 1, 2022.
- You must be enrolled at Waterloo in full-time degree studies for the entire Fall 2022 term.

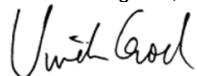
As well, you may also be considered for program-specific scholarships in addition to the scholarships listed above. These scholarship decisions are made in May, and you will receive separate notification if you qualify.

We will confirm the amount of your University of Waterloo President's or Merit Scholarship once we review your updated marks and determine your admission average. You will find information about all of our scholarships at [www.uwaterloo.ca/future/scholarships](http://www.uwaterloo.ca/future/scholarships).


I do hope you will join us at the University of Waterloo, Canada's most innovative university. We do education differently here. Waterloo blends academic excellence with experiential learning and delivers a supportive student experience on campus. When you begin the search for your first job after graduation, or apply to graduate programs for further study, your Waterloo degree will give you the edge you need in today's competitive marketplace.

This university was founded by entrepreneurs who had a dream: to rethink university education in Canada. That entrepreneurial spirit thrives at Waterloo, giving you the opportunity to expand your thinking, pursue your own ideas, and lay the foundation for a successful and rewarding career. Please accept your Offer of Admission and join us in September.

Warmest regards,



Vivek Goel, CM  
President and Vice-Chancellor

**From:** Admissions - University of Waterloo myapplication@uwaterloo.ca   
**Subject:** UWaterloo admission decision  
**Date:** July 14, 2022 at 2:34 PM  
**To:** hazelmable@tutanota.com



Katie  
Musleh  
Waterloo  
ID#: 21036001

Good  
afternoon Katie,

Congratulations  
on your decision to join the University of Waterloo. As an Ontario Secondary  
School student, you had conditions listed on your Offer of Admission that you  
were to fulfill by July 13,  
2022. I am happy to report that we have  
reviewed your conditions and all of your conditions have been met. No further  
action is required.

We  
look forward to welcoming you to the Waterloo community this  
fall.

André  
Jardin  
Associate Registrar, Admissions

University  
of Waterloo  
200  
University Avenue West  
Waterloo  
ON N2L 3G1



This passport is valid for all countries unless otherwise specified. The bearer must comply with any visa or other entry regulations of the countries to be visited.

SEE OBSERVATIONS BEGINNING ON  
PAGE 5 (IF APPLICABLE)

Ce passeport est valable pour tous les pays, sauf indication contraire. Le titulaire doit se conformer aux formalités relatives aux visas ou aux autres formalités d'entrée des pays où il a l'intention de se rendre.

VOIR LES OBSERVATIONS DÉBUTANT À  
LA PAGE 5 (LE CAS ÉCHÉANT)

Katie

Signature of bearer - Signature du titulaire



E K C 1 7 7 2 5

PASSPORT  
PASSEPORT

## CANADA



Type/Type

Issuing Country/Pays émetteur

P

CAN

Surname/Nom

MUSLEH

Given names/Prénoms

KATIE RAED

Nationality/Nationalité

CANADIAN/CANADIENNE

Date of birth/Date de naissance

20 SEPT/SEPT 04

Sex/Sexe Place of birth/Lieu de naissance

F

DUBAI ARE

Date of Issue/Date de délivrance

09 JULY/JUIL 18

Date of expiry/Date d'expiration

09 JULY/JUIL 23

Issuing Authority/Autorité de délivrance

OTTAWA

Passport No./N° de passeport

AJ302633

25

P<CANMUSLEH<<KATIE<RAED<<<<<<<<<<<<<<<<

(The above string appears as a single continuous sequence of symbols.)

[illegible]

**CHART#:** D000310230  
**NAME:** MUSLEH, KATIE  
**DOB:** 20/09/2004  
**ACCT#:** AS0002459/22

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## Outpatient Progress Report

Date of visit: 23/06/21  
Start time: 15:24

### Subjective & Objective

Subjective & Objective Data: **Background information.**

16 years old female who lives with her biological mother and full-sister, 12-year old. She is in grade 11 and attends West Carleton High School online. The family left the father house in March 2020 due to reported physical and emotional abuse toward patient, her sister and mother for around 5-6 years.

Patient was referred to our services by Dr. B, Child and Adolescent psychiatrist at CHEO, to review patient's diagnosis and provide management recommendations. Patient has two recent suicide attempts, in March and April 2021, where she overdosed herself and presented to the emergency room at CHEO because of that. She has no past mental health diagnoses.

Patient was a victim of emotional and physical abuse by her dad since she was 6 years old until last year in March. During that time multiple physical altercations occurred between patient and father.

Since March 2020, when they have left father house, patient started to experience flashbacks, nightmares and exhibits avoidance symptoms.

She also noticed experiencing episode of feeling sad and low and these depressive episode usually lasts for 3 days as a maximum.

Patient reports struggling with difficulty falling asleep at night. She usually stay up for 2 hours until she is able to fall asleep. Patient states that she has been struggling with initial insomnia since she was in a grade 6 until recently, end of May, when she was started on trazodone 50 mg which has helped improving her sleep.

Patient has a lawyer and she want to press charges against father who constantly tries to reach her either through phone calls or text.

Mother reports that CAS was involved and reports she has full custody. She also states that there is a restraining order preventing dad from having any sort of communication with the children.

On June 7, Patient refused to attend the interview. Mother states that patient is





Services de santé

**Royal Ottawa**

Health Care Group

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## Outpatient Progress Report

currently not feeling well as she has been up since 5 AM. We rescheduled another session with patient on June 23, 2021. Today, on June 23, patient also refused to attend the session.

### Subjective:

Mother has attended the interview 24 minutes late. Patient still refusing to attend the session. Mother states that father trying to communicate with patient either through phone or emails. Mother has tried to let the patient joined the interview multiple times, but patient continue to refuse attending. We have suggested that patient might benefit from starting on antidepressant medication which could help with her current PTSD symptoms, but patient has declined medication. Mother not sure if patient still attends sessions with YSB.

### Objective:

MSE could not conducted.

## Home Medications

Pharmacy Name: SHOPPERS DRUG MART # 1324

Pharmacy Address: 1102 KLONDIKE RD. RR #1, KANATA, ON

Pharmacy Phone #: 613-592-6010

Pharmacy Fax #: 613-592-1863

Note: The medication information below represents information existing in the EHR at the time of documentation and should be verified with the patient and/or caregiver whenever possible.

### Home Medications

ferrous gluconate 300 mg PO DAILY 21/05/21 [History]

sertraline 50 mg PO QHS 21/05/21 [History]

trazodone 25 mg PO QHS 21/05/21 [History]

Home medication list reviewed: Yes

Medication reconciliation complete: Yes

Completion date: 23/06/21

## Diagnosis

### Diagnosis

a. DSM-5 CODE:: F43.10 - Posttraumatic stress disorder



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## Outpatient Progress Report

b. DSM-5 CODE:: F32.9 - Unspecified depressive disorder

### Clinical Impression and Plan

Clinical Impression: This 16 years old young women was physically and emotionally abused by her biological father since she was 6 years old until March 2020 when family moved out form the father's house. Since then, patient started to experience nightmares, flashbacks in the context of the previous trauma. She avoids looking at previous photos from that time she spent at her father's house where she was under constant abuse. Patient also started to experience symptoms of depression that usually tend to last from several hours to 3 days. There were no period in the past where she exhibited these depressed symptoms for continuous 2 weeks. Therefore, her mental clinical presentation does not meet the diagnosis criteria of major depression disorder but for unspecified depressive disorder. She also meets the diagnosis criteria of PTSD.

Patient hears voices and has feeling that spirits are watching her. These symptoms appear to be manifestation of her mood symptoms and trauma related and not psychotic in nature.

She has chronic sleep disturbance that has been an ongoing issue for several years. Her sleep issue presents it self as an isolated problem and it has been trouble prior to onset of PTSD and depression symptoms.

It was observed that patient tends to underestimate her symptoms and mother exaggerate symptoms. For example, the discrepancy in describing symptoms of depression (mother reports that patient still appears to be sad but patient states that she is getting better especially with the support that she is getting through YSB).

In her favor, she is quite insightful to her needs and determined to improve. She has been regular in attending YSB therapy session and reports finding the sessions helpful. She also does use any kind of recreational drugs.

It was suggested to patient that she might benefit from antidepressant which she has declined. It worth continuing providing psychoeducation regarding the benefit of medication given her struggle with trauma and current presentation of mood and trauma related symptoms.

Patient will be discharged from our services as she continues to refuse attend sessions.





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## Outpatient Progress Report

Plan:

**Follow-up with:**

- Dr. Heather Daverne, family physician, to monitor psychiatric symptoms particularly for psychosis, risk assessment and refill medication.
- Continuing attending psychotherapy sessions at YSB that could significantly help to manage her symptoms.

**Safety Recommendations:**

- The patient was able to contract for her safety and agreed to the safety plan.
- If patient she is acutely unwell or unsafe, she should call the crisis line, 911 or present to her nearest emergency department.
- Crisis Plan and Resources:
  - Child, Youth Family Crisis Line for Eastern Ontario (under 18): 613-260-2360 or 1-877-377-7775
  - Mental Health Crisis Line (over 16): 613-722-6914 or 1-866-996-0991
  - Kids Help Phone: 1-800-668-6868 Live chat available at [www.kidshelpphone.ca](http://www.kidshelpphone.ca)
  - Kids Help Phone Text Line: 686868
  - Good2Talk: 1-866-925-5454 (for college and university students in Ontario).
  - Ottawa and Region Distress Centre: 613-238-3311

A copy of this report should be sent to Dr. Heather Daverne, family physician.

Thank you for involving us in the care of this patient. Please do not hesitate to contact us if you have any concerns or questions.

**Muath Alzarooni, Fellow in CAP**

**Under supervision of Dr. Khalid Bazaid, MD, FRCPC**

**Child and Adolescent Psychiatrist, Youth Psychiatry Program, Royal Ottawa Mental Health Centre**

<Electronically signed by Muath Alzarooni MD> 23/06/21 1549

## DDCI Scholarship

Having PTSD has affected my life in many ways. For one, it gave me a glimpse at what it's like to have various mental health issues, as it is a disability that often comes with many other conditions, such as anxiety, depression, sleeping, and eating disorders. It also has a striking resemblance to other neurological conditions such as Bipolar. One moment, you can be totally happy, the next, a flashback pops into your head and you're put on an emotional rollercoaster. And while having PTSD has certainly made my life harder, it has given me the ability to relate to so many of my peers and give them first hand advice on how to cope with their issues. Being able to put yourself in other people's shoes is a real superpower and it's something that has really fueled my dream to become a psychologist. I want to help people deal with their mental health, because frankly, I know what it's like. When you have PTSD, you really have to work for your well-being. It takes a great deal of strength and self reflection to get to the core of your trauma and improve your well-being. Through this process, I have developed a real passion for the human psyche, mainly because I know that when you take a good look at yourself and your behavior, the amount of growth you can achieve is astounding. Like I have done with myself, I want to spur growth in others so they can become their best selves. There is only one way that happens though, and that is through self-reflection. This has made me understand how crucial listening to our mental health is to creating healthy schools, communities, and nations. Unfortunately, mental health is something that often takes the backseat when it comes to healthcare and that is something that I want to see change. But if that is going to happen, we need to have psychologists and other mental health professionals who are going to advocate for it. As an up and coming psychology student, that is a fight I want to be a part of. Looking back at my past self, I find it quite ironic how knowledgeable I have become on mental health given that five years ago, I was truthfully one of the worst people to go to for any kind of self care tips. I believe it was going through the hell of trauma and PTSD that has given me the wisdom on how to best take care of your psychological well-being. Like with the saying "it's by experiencing bad times that we realize when we're in the good ones," it was knowing what brings on my worst mental health that has allowed me to know what brings on my best. Being a narcissistic abuse survivor has also taught me how important it is to reach out for help when dealing with mental health issues. For the longest time, I found it incredibly difficult coming out to other people about the abuse and mental health issues I was facing. When I finally garnered the courage to speak out, the Children's Aids Society helped me, my mom, and sister escape that toxic environment. But if I had not overcome the stigma and gathered the courage to leave, it is likely that I would have still not gotten out. Through this experience I realized how important it was that we address mental health stigma in all its forms

and create a world where speaking out about these things is no longer taboo. This is a dream I hold close to my heart and one I am committed to making my life's work. I think the best part about being a mental health advocate is that it has given me a sense of empowerment and meaning to my experiences and struggles. That is how I knew I was choosing the right career path.