

Having recently been diagnosed with ADHD, but suspecting symptoms were present since the tender age of 5, I have played and participated in soccer for most of my life. This was originally a way for me to "burn off the extra energy" when I was a young boy so that I could pay attention to parents, teachers, and coaches when necessary. Being physically active and having an outlet for my hyperactivity worked well when I was younger to help control some of the symptoms of my ADHD. However, I quickly developed a love for playing soccer and many other sports. Meeting friends, achieving success in sports, and channeling my energy into something physical had a positive impact on my achievements and attainment in school.

When I started at high school in grade 10 my undiagnosed and untreated ADHD started to have a negative effect on my grades and achievement, combined with grade 9 being disrupted by covid-19 and I was starting to struggle to keep up academically. Online learning and a significantly disrupted few years of education accumulated and I failed Academic Math 11. This prompted my family and I to pursue a psychological assessment. In the summer of 2022, I was diagnosed with ADHD - Inattentive Type and started trying out different types of medication, a very difficult challenge in itself but made even more difficult by not actually having a family doctor to help us. Also, I attended summer school during the summer to recover my failed math credit. Various obstacles have been in my path and I have always found a way around them thanks to my positive attitude, supportive family and teachers, and sport!

Throughout my whole education, I have been lucky to have teachers who were committed to providing an excellent education. I have been supported by teachers in many different ways. All of the educators directly involved in my educational journey so far have inspired me to follow my dreams and reach my potential, which hasn't always been easy. I have always had the ability to connect with others and through my sports and active lifestyle I have coached children in sports like soccer, basketball, and baseball. I have worked as a volunteer with children in camps and sports settings and just finished a year of running a before-school program in a local school. For the past 3 summers, I have worked as a camp counselor, this year taking on a leadership role.

All of my personal experiences and skills will equip me well to become a physical education teacher. I want to be a role model to students, showing them that having a disability might sometimes make things more challenging but if you allow the adults and peers around you to support you then achieving your dreams and ambitions is possible. I also recognize that I can still be quite restless and movement and an active occupation will suit me well. I have chosen a career path that will allow me to inspire others in the

same way that I have been inspired. I have chosen to attend Holland College in PEI, firstly because of its excellent reputation, but because I recognize that I still need to learn some of the important skills to become a better learner, I'm not quite ready for a university course. My ADHD caused a significant barrier to my ability to focus on my studies and organize my work and time effectively. During my final year at high school, with the help of medication and the support of resource teachers, I am beginning to perform better academically and know that with time and continued support, I can reach my goal of becoming a physical education teacher. Due to my disability, I have planned a slightly longer route to achieving my goal of becoming a physical education teacher, 2 years on my Kinesiology diploma at Holland College, then 2 years at UPEI to upgrade to a degree in Kinesiology and finally one year on my BEd. I know I can be successful and I will use the support around me to help overcome some of the challenges of my ADHD.



## HIGH SCHOOL TRANSCRIPT

Chappell, Samuel Alan Patrick

Birth Date: September 01

Student ID: 3102152554

Charles P Allen High

School Address: 200 Innovation Drive  
Bedford NS B4B 0G4

Halifax Regional Centre for Education

Phone: 902-832-8964

Fax: 902-832-8981

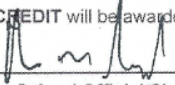
Year	Course Title	Grade Level	Final Grade	Credit Type	Credit	Status	Lang
22-23	ECONOMICS 12	12	67	ACAD	1.00	PSP	ENG
22-23	ENGLISH 12	12	77	ACAD	1.00	PSP	ENG
22-23	FOOD SCIENCE 12	12	73	ACAD	1.00	PSP	ENG
22-23	GLOBAL GEOGRAPHY 12	12	75	ACAD	1.00	PSP	ENG
22-23	LEADERSHIP 12	12	69	ACAD	1.00	ALC	ENG
22-23	MATHEMATICS 12	12	78	ACAD	1.00	PSP	ENG
21-22	BIOLOGY 12	12	55	ACAD	1.00	PSP	ENG
21-22	CANADIAN HISTORY 11	11	61	ACAD	1.00	PSP	ENG
21-22	COMMUNICATIONS TECHNOLOGY 11	11	80	ACAD	1.00	PSP	ENG
21-22	ENGLISH 11	11	73	ACAD	1.00	PSP	ENG
21-22	FITNESS LEADERSHIP 11	11	76	ACAD	1.00	PSP	ENG
21-22	MATHEMATICS 11	11	50	ACAD	1.00	PSP	ENG
21-22	PHYSICAL EDUCATION 11	11	95	OPEN	1.00	PSP	ENG
20-21	BIOLOGY 11	11	63	ACAD	1.00	PSP	ENG
20-21	BUSINESS TECHNOLOGY 11	11	77	ACAD	1.00	PSP	ENG
20-21	ENGLISH 10	10	77	ACAD	1.00	PSP	ENG
20-21	MATHEMATICS 10	10	51	ACAD	2.00	PSP	ENG
20-21	PHYSICAL EDUCATION 10	10	96	OPEN	1.00	PSP	ENG
20-21	SCIENCE 10	10	62	ACAD	1.00	PSP	ENG
20-21	VISUAL ARTS 10	10	79	ACAD	1.00	PSP	ENG

This student has successfully met the graduation requirements for the Province of Nova Scotia

Total Credits Earned: 21.0

An official transcript bears the school seal.

Only ONE CREDIT will be awarded for courses that have been passed more than once.

  
Andrew Woods  
Registrar

Title

JUN 29 2023

Date







**Admissions/Office of the Registrar**

140 Weymouth St.  
Charlottetown, PE C1A 4Z1

Tel: (902) 566-9587

Fax: (902) 629-4239

1-800-446-5265

2022-11-09 (YYYY-MM-DD)

Sam Chappell **Student Number 0248360**

54 Adlington Court  
Bedford, Nova Scotia, B4A 3Z1  
Canada

Dear Sam:

Congratulations, and welcome to the Holland College community. We have carefully reviewed your application and are pleased to offer you admission to the Kinesiology - Fall Intake (September) program as a full-time student for the 2023-2024 academic year.

This acceptance may be a conditional offer. Please refer to your Dashboard to view any missing supplemental items required for your acceptance.

In order to accept this offer, please pay the required tuition deposit by the response deadline indicated on your HC Dashboard. Every student that is accepted to Holland College is required to pay a tuition deposit to hold their seat. Tuition deposits can be paid via My Dashboard. Failure to submit this fee prior to the due date may result in your seat being canceled. Tuition and other fees can be found on the Holland College website under each individual program page and are updated annually.

If you are unable to attend Holland College, please contact us as soon as possible. For information on our refund policy please visit <https://hollandcollege.com/admissions/money-matters/>

Information on Student Awards and Bursaries can be found on the Holland College website [www.hollandcollege.com/awards](http://www.hollandcollege.com/awards).

Off campus and on campus living accommodations are available. If you are interested in living in residence, a separate application is required. If you choose to live off campus, a list of possible accommodations can be obtained by calling 902-566-9611. If you have been accepted to a program at the Atlantic Police Academy you are required to live in residence on campus and do not need to apply for accommodations.

If you have any questions, please do not hesitate to contact us. We wish you all the best in your studies at Holland College.

Sincerely,

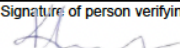
A handwritten signature in cursive script that reads 'SBradley'.

Shelly Bradley

Assistant Registrar, Academic and Enrollment Services



Samuel Chappell - DCCI Scholarship for Canadian Students with Disabilities Application

<b>Student Information</b>			
Student Name: Samuel Chappell		File Number: 22073571	
<b>Section 2: Nature of Disability (continued)</b>			
<b>Hearing Impairment</b> (to be completed by Audiologist) Specify disability:			
<b>Visual Impairment</b> (to be completed by Ophthalmologist or Optometrist) Specify disability:			
<b>Neurological Disability</b> Specify disability: <input type="checkbox"/> Brain Injury <input type="checkbox"/> Cerebral Palsy <input type="checkbox"/> Epilepsy <input type="checkbox"/> Multiple Sclerosis Other - please specify: _____			
<b>Psychiatric Disorder</b> Specify disability: <small>Attention-Deficit/Hyperactivity Disorder: Predominantly inattention presentation</small>			
<b>Other Chronic Disorders</b> Specify disability:			
<b>Section 3: Medical Assessor Contact Information</b>			
Name: Karly Ivany		Profession: Registered Psychologist	
City / Town: Halifax	Province: Nova Scotia	Licence#: R0972	
Signature of person verifying Disability 		Date of Signature 2023-05-28	

**Note to Student:**

Upload this completed form  
through your MyPATH account.  
Look for this page.

Dalhousie University - B Science  
Start Sep/2018 - End Apr/2019

This Estimated Assessment is provided for your informational purposes only. Although the Province uses reasonable efforts to ensure the accuracy of the Estimated Assessment, it makes no warranties or representations as to its accuracy and the Estimated Assessment is provided on an "as is" and "where is" basis. The Province, its employees, agents or contractors assume no liability or responsibility for any errors or representations in its use or content. In no event shall the Province, its employees, agents or contractors be liable for any special, incidental, indirect, punitive or consequential damages whatsoever arising out of the use of or inability to use the Estimated Assessment or its content, even if the Province has been advised of the possibility of such damages.

By clicking on OK, I hereby acknowledge that I have read the above disclaimer and agree to and understand the terms.

OK

Application Status: Active

<b>Application Action Items</b>	
The following information is required before your application can be processed.	
Disability Form	Date Completed
Complete and return the Medical Assessment Form to our office.	Status: Not Complete
<a href="#">Download form</a>	<a href="#">Upload form</a>
<b>Pre-Scholarship Action Items</b>	
<b>Notices</b>	
<b>Additional Documents</b>	
<a href="#">Upload form</a>	
File Name	Date Uploaded



Student Information			
Last Name: Chappell	First Name: Samuel	File Number: 22073571	
Name of Post-Secondary Institution:		Program of Study:	Program Start Date: 01/09/2023

### Following Sections to be completed by Medical Assessor

#### Section 1: Verification of Disability

This form is used to collect and verify the student's disability status for Nova Scotia Student Assistance purposes. If verified, the student may be eligible for federal and/or provincial disability grants.

Verify any impairment including a physical, mental, intellectual, cognitive, learning, communication or sensory impairment, or a functional limitation that restricts the ability of a person to perform the daily activities necessary to pursue studies at a post-secondary school level or to participate in the labour force:

**Permanent Disability:**

is expected to remain with the student for life.

Yes ☒ No ☐

**Persistent / Prolonged Disability:**

for a period of at least 12 months and is not expected to remain with the student for life.

Yes ☐ No ☐

#### Section 2: Nature of Disability (fill in all that apply)

##### Neurodevelopmental Disorders

☒ Attention-Deficit/Hyperactivity Disorder ☐ Autism Spectrum Disorder ☐ Intellectual Disabilities  
☐ Other - please specify: \_\_\_\_\_

##### Learning Disability (not ADHD report)

Upload either a psycho-educational assessment report (completed in the last 5 years or since the student was 18 years of age)

OR

Physician or a Psychologist answer the three following questions:

1. Has a psycho-educational assessment been performed by a registered psychologist? Yes ☒ No ☐  
 2. Year of psych-ed assessment: 2022 3. Was a learning disability confirmed? Yes ☐ No ☒

##### Physical Disability / Mobility Impairment

Specify disability: