DCCI Scholarship for Canadian Students with Disabilities

By: Simone Thorne

My disability has shaped the program I am in but also the person I am today. My whole life, I struggled with reading, writing, math, and interacting with others. Even my parents, friends and teachers had difficulty understanding me. They never how to help me reach my goals. When I was in grade eleven, the bullying I went through as a result of my disability led me to get diagnosed with anxiety and depression and how I was so different from others. I suffered bullying from my peers and teachers for a lot of reasons, such as not being able to sit still during class, for how i said certain words or my inability to socialize with people. I was anxious all the time, especially when it came to making friends. As time went on, I lacked the motivation to attend school and be around others. Not only that, but because of my learning disabilities, it was challenging for me to get caught up with my work since no one was around to help me in school, so a majority of the time, I had to teach myself. At one point, the stress of high school, relationships, and my disability got too much too much for me. I started cutting myself and tried to end my life on multiple attempts because I thought my life wasn't worth anything to others. After receiving professional mental health help, I learned I have Borderline Personality Disorder and ADHD.

I realized that I needed to find new ways to adapt to my diagnoses and my challenges, so I had to learn how to be my advocate, which isn't easy, especially when policies and rules prevent me from receiving the proper accommodations. As time went by, I noticed what I lacked in high school was someone to be my advocate to support me and my mental health challenges. In Grade 12 I had a Special Education Resource Teacher say to me, "I can't use my mental health as an excuse to not come to school" that one phase broke my heart for so long. Now I use it for motivation to help others as a student in the Social Service Worker program at Humber College. One day, I was to build and create a safe and positive environment for students of all backgrounds to be able to access mental health care at school. I want them to have access to social workers and psychotherapists for therapy and counselling, to have a voice to be heard and give

them the tools they need to manage their mental health. I want nurses and psychiatrists to provide physical health advice in nutrition, exercise, stress management, and prescribing medication to help them manage their emotions and feelings. I want to create mental health days as part of absences in school systems because I believe having mental health days can benefit a child's learning and well-being. My dream is possible because I have the drive and motivation, to conquer the impossible. The essay's question was to explain how my disability has shaped my decision to my program of study. I believe my disability didn't shape me. My resilience to stand on my own is what led me to choose a career in social work, because i want to fight for others in the way no one ever fought for me.

Applicant Name: Simone Fequet Account Number: 210050686863

Ontario High School Information

Academic Data

Literacy Test: English Community Involvement: Yes OSSD Highest Education: Date Credential Achieved: 2019-06-01

Schools Attending / Attended: Dunbarton High School - 905674

Ontario High School Grades - Total Credits To Date: 31.0

Course Co	de Completion	Date Mark	Mark Ty	pe Credit Co	ourse Status Delivery Type	Course Type	Notes	Mident Cod
HHG4M9	201906	92	Final	2	Other	Co-Op Out of School	С	905674
IDC4U3	201906	90	Final	1	Day	Regular	1	905674
AMT4M1	201901	96	Final	1	Day	Regular		905674
ENG4C1	201901	82	Final	1	Day	Regular		905674
HHG4M1	201901	88	Final	1	Day	Regular		905674
ENG3C1	201806	82	Final	1	Day	Regular		905674
HFC3M9	201806	89	Final	2	Other	Co-Op Out of School	С	905674
SBI3C1	201806	71	Final	1	Day	Regular		905674
AMT3M1	201801	94	Final	1	Day	Regular		905674
GPP301	201801	91	Final	1	Day	Regular		905674
HFC3M1	201801	77	Final	1	Day	Regular		905674
MBF3C1	201801	66	Final	1	Day	Regular		905674
OLC401	201708	72	Final	1	Summer	Regular		980420
AMV2O1	201706	88	Final	1	Day	Regular		905674
CHC2P1	201706	88	Final	1	Day	Regular		905674
HFN2O1	201706	90	Final	1	Day	Regular		905674
SNC2P1	201706	86	Final	1	Day	Regular		905674
BBI2O1	201702	75	Final	1	Day	Regular		905674
ENG2P1	201702	78	Final	1	Day	Regular		905674
GLC2O1	201702	91	Final	0.5	Day	Regular		905674
MFM2P1	201702	84	Final	1	Day	Regular		905674
CHV2O1	201611	80	Final	0.5	Day	Regular		905674
AMI1O1	201606	83	Final	1	Day	Regular		905674
BTT1O1	201606	77	Final	1	Day	Regular		905674
MFM1P1	201606	71	Final	1	Day	Regular		905674
PPL1O4	201606	75	Final	1	Day	Regular		905674
CGC1P1	201602	84	Final	1	Day	Regular		905674
ENG1P1	201602	85	Final	1	Day	Regular		905674
FSF1P1	201602	76	Final	1	Day	Regular	F	905674
SNC1P1	201602	76	Final	1	Day	Regular		905674



