

## DCCI Scholarship for Canadian Students with Disabilities - 2024

The following will hopefully give some insight into my health journey and how it has shaped me. I have spent much of my life in medical appointments and working with specialists trying to understand why my body doesn't work properly. I have multiple health conditions, all of which are rare and hard to diagnose. I have an autoimmune disease called Psoriatic Arthritis, an immune disorder called Mast Cell Activation Syndrome, a neurological disorder called Dysautonomia, a vascular problem called popliteal artery entrapment syndrome and am seeing the geneticist for a suspected connective tissue disorder. Therefore, I have spent considerable time in and out of wheelchairs, on crutches, using canes and bedridden in pain. Despite all my medical complications, I have always worked hard to try and figure out how I could do the things I love.

Despite my personal struggles with my health, my entire family has also unfortunately struggled in the same way. Both my brothers have various immunological diseases and my parents have battled through lymphoma, autoimmune disease and a major stroke. In order to keep our family functioning, we needed live-in caregivers for many years. Balancing my health and my family's health challenges at the same time has been very difficult on many levels.

Through all the hard, persistent work of my medical team as my family and I, my health conditions have recently become relatively stable. Through the help of many medications and ongoing therapy, I have been able to push my body in sport similar to any other "healthy" athlete. I have also earned academic "Honors" in grades 10, 11 and 12. I enjoy working hard in school and seeing success academically.

My long-term goal has been to attend university and play basketball at the USPORT level ever since I became a teenager. Noting this, I plan to graduate with a Bachelor of Kinesiology from the University of Alberta and have signed to play on the Pandas university women's basketball team. I feel the Kinesiology degree is perfect for me and my future career - a specialized science degree with a specific focus in studying human movement as it relates to the enhancement of human performance, health promotion, and prevention and management of chronic disease.

My journey has definitely not been easy and I have had to persevere through many years of being undiagnosed/ having a delayed diagnosis. Because of this and coupled with my passion for helping others with similar health journeys, I was selected and have volunteered as a Child and Youth Advisor at the Alberta Children's Hospital in Calgary for the past 4 years. My mom, who battles inflammatory arthritis as well, and I organized an arthritis awareness fundraiser that generated over \$12,000 in donations for the Arthritis Society of Canada. In addition, I was given a grant through the Mast Cell Disease Society to attend a national conference in San Francisco. I was one of the only youths that was privileged enough to be selected to attend.

One of the other ways that my health has influenced me is how I view others in similar circumstances. I have learned deep empathy, compassion and understanding. When I see those who are going through difficult health experiences, I remember when I felt like that and how hard it was to push through. This is one of the reasons I currently work at a medical clinic, have volunteered at the Alberta Children's Hospital and want to pursue a career in healthcare.

After completing my undergraduate degree, I want to pursue a Master's Degree in Sports Medicine or Athletic Therapy. I love helping people, especially those that are sick and have similar journeys to mine. I want to be the person that can tell them that there is hope, and that I will do whatever I can to help them attain their personal goals. My health journey has transformed me into who I am and significantly influenced and solidified my future career goals in healthcare.

For more on my story, this published newspaper article may be helpful:

<https://www.reddeeradvocate.com/sports/mckinley-penningas-story-of-perseverance-6825855>

Alberta Student Number 3027-8728-8  
Name McKinley Reese Penninga  
Date of Birth: November 30, 2005

Achieved Alberta High School Diploma 2023/2024

115 High School Credits as of July 18, 2024

McKinley Reese Penninga  
80 Oakdale Place  
Red Deer AB T4P 0E1

Official Marks				Course Activity						
Course Code	Course Name	Mark	Credits	School Year	Term	School	Lang	School Mark	Exam Mark	Comments
Languages										
ELA1105	English Language Arts 10-1	80	5	2020/2021	Summer	S.4435	English	80		
ELA2105	English Language Arts 20-1	72	5	2021/2022	Semester 2	S.4491	English	72		
ELA3105	English Language Arts 30-1	73	5	2023/2024	Semester 1	S.4444	English	77		
				2023/2024	January	S.4444	English		63	
Social Studies										
SST1771	Social Studies 10-1	80	5	2021/2022	Semester 2	S.4491	English	80		
SST2771	Social Studies 20-1	74	5	2022/2023	Semester 1	S.4444	English	74		
SST3771	Social Studies 30-1	72	5	2022/2023	Quarter 3	S.4444	English	73		
				2022/2023	April	S.4444	English		70	
Mathematics										
MAT1791	Mathematics 10C	78	5	2021/2022	Semester 1	S.4444	English	78		
MAT2791	Mathematics 20-1	85	5	2021/2022	Semester 2	S.4444	English	85		
MAT3791	Mathematics 30-1	74	5	2022/2023	Semester 1	S.4444	English	77		
				2022/2023	January	S.4444	English		61	
MAT3792	Mathematics 30-2	90	5	2023/2024	Semester 1	S.4444	English	90		
				2023/2024	January	S.4444	English		91	
Sciences										
SCN1270	Science 10	84	5	2021/2022	Semester 1	S.4491	English	84		
SCN2231	Biology 20	72	5	2022/2023	Semester 1	S.4444	English	72		
SCN2270	Science 20	P	5	2023/2024		O.1			Waived Prerequisite Credit	
SCN2796	Chemistry 20	84	5	2023/2024	Semester 1	S.4444	English	84		

THIS REPORT IS FOR STUDENT AND SCHOOL INFORMATION USE ONLY  
THIS IS NOT AN OFFICIAL TRANSCRIPT AND CONTAINS CONFIDENTIAL INFORMATION



Alberta Student Number 3027-8728-8  
Name McKinley Reese Penninga  
Date of Birth: November 30, 2005

Official Marks				Course Activity					
Course Code	Course Name	Mark	Credits	School Year	Term	School	Lang	School Mark	Exam Mark Comments
<b>Wildlife - Introductory</b>									
WLD1100	Outdoor Cooking Theory	87	1	2023/2024	Semester 2	S.4444	English	87	
WLD1130	Outdoor Survival Skills	95	1	2023/2024	Semester 2	S.4444	English	95	
<b>Wildlife - Intermediate</b>									
WLD2100	Outdoor Cooking Practice	97	1	2023/2024	Semester 2	S.4444	English	97	
WLD2130	Outdoor Excursion	96	1	2023/2024	Semester 2	S.4444	English	96	
<b>Wildlife - Advanced</b>									
WLD3130	Outdoor Leadership	97	1	2023/2024	Semester 2	S.4444	English	97	
<b>Off-campus Education</b>									
OTH2998	Work Experience 25	100	5	2022/2023	Semester 2	S.4444	English	100	

#### Completed Career and Technology Studies Credentialed Pathways

Completion of a series of specific courses to provide students the opportunity to achieve a credential or credit awarded by a recognized community or industry organization or post-secondary institution.

Pathway Name	Completed School Year	Contributing Course Codes
Athletic Injury Management	2021/2022	REC1020

#### Legend of Schools Represented Above

O.1	Government of Alberta
S.4435	Outreach School Centre
S.4444	Lindsay Thurber Comprehensive High School
S.4491	Gateway Christian School

#### Mark Legend

#### General Information

The following information is required when communicating with Alberta Education, Alberta Innovation and Advanced Education, and post-secondary institutions:

- Alberta Student Number: 3027-8728-8
- Name: McKinley Reese Penninga
- Date of Birth: November 30, 2005

This document lists full information for all courses on your record. Should you detect any errors or omissions on this document, please contact the school where the course in question was taken.

This document also lists your credentials (e.g., diplomas and certificates). "Awarded" means you have met all the requirements for the credential. "Achieved" means you have met all the requirements for the credential but it has not yet been awarded.

The Detailed Academic Report is intended for use by students only. It is not an Official Transcript. For details on requesting an Official Transcript, visit <https://www.alberta.ca/student-information-high-school-transcripts.aspx#toc-2>.

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February 16, 2024

**Ms. McKinley Reese Penninga**  
80 Oakdale Pl  
Red Deer AB  
Canada T4P 0E1

Dear McKinley,

Congratulations!

You have been admitted to the University of Alberta. We are happy to have you as part of our vibrant campus community.

This letter contains important information about the conditions of your offer of admission so please review it carefully. In order to retain this offer, you must maintain any academic requirements outlined in this letter and submit required documents by the deadline.

Please download a copy of your admission letter for your records. You will be able to access your admission letter in Launchpad until the Winter term add/delete deadline of the academic year in which you were admitted. Add/delete deadlines are included in the University Calendar.

**Faculty:** Faculty of Kinesiology, Sport, and Recreation

**Program:** Bachelor of Kinesiology

**Major:** Sport Performance

**Term:** Fall 2024

**UAlberta Student ID:** 1861251

**CCID:** penninga

To retain this offer of admission, you must:

- Present a minimum combined average of 70% at the final Grade 12 (or equivalent) level among the five required courses for your program
- Present a minimum passing grade at the Final Grade 12 (or equivalent) level in each of the five required courses for your program.
- Meet English Language Proficiency requirement(s), if applicable.
- Submit required outstanding items by the document deadline of August 1st.

Please note:



1. It is important that you maintain your grades and submit final documents in order to retain your offer. Please visit this [link](#) for document deadlines.
2. Your offer of admission may be revoked if:
  - There is a discrepancy between the courses and marks submitted on your application and the information received in your final, official transcripts and documents
  - Your final calculated average is significantly lower than the average presented at the time of this offer of admission

**ACCEPT YOUR ADMISSION OFFER**

To confirm your intention to attend the University of Alberta, you will need to accept your offer and pay a non-refundable tuition deposit by the deadline indicated in the UAlberta Launchpad portal. Find out more about the [tuition deposit and how to pay](#). Exemptions may apply.

**ACCESS TO BEAR TRACKS**

Once you have completed the steps to accept your offer, you will be able to use [Bear Tracks](#) to view, and in some cases, register for classes. Your faculty may follow up with registration information details, if applicable.

**TRANSFER CREDIT**

You may be eligible for transfer credits towards your degree program. When transfer credit has been assessed by your Faculty, you will be able to view your Transfer Credit Report in Bear Tracks.

**SCHOLARSHIPS & AWARDS**

The University of Alberta offers more than \$28 million in undergraduate awards each year. In fact, one in five first-year students will receive one. Learn more and apply online at our [Awards website](#).

**START IN RESIDENCE**

As a new incoming student, you are guaranteed a spot in residence! In order to secure your spot, you must apply for residence by April 30 (guarantee applies to North Campus only). Learn more at our Residence website: [North Campus & Campus St. Jean](#)

**SUBMIT OUTSTANDING DOCUMENTS**

Check your UAlberta Launchpad portal to find out which outstanding documents you will need to submit to finalize your admission. Ensure documents are submitted by the [document deadline](#). Any other academic conditions that have been noted by the Faculty will also need to be met.

**LET'S GET STARTED**

You have made a great choice to continue your academic pursuits at the University of

Alberta, regularly ranked as one of the Top 5 universities in Canada and Top 100 in the world. Here, you will find yourself among the best students and scholars and will be part of a dynamic university that offers multiple campuses, state-of-the-art facilities and world-class resources. We also have extensive student services to help you succeed. We look forward to seeing you here!

Sincerely,



Norma Rodenburg  
Acting Vice-Provost and University Registrar

#### STATEMENT OF AUTHENTICITY

This document shall be considered an official correspondence from the University of Alberta, whether in print or electronic form.

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This communication is intended solely for the recipient to whom it is addressed, as it contains confidential, personal, and/or privileged information. For more information, visit our [Access to Student Information policy](#) in the University Calendar.

#### Territorial Acknowledgement

The University of Alberta, its buildings, labs, and research stations are primarily located on the traditional territory of Cree, Blackfoot, Métis, Nakota Sioux, Iroquois, Dene, and Ojibway/Saulteaux/Anishinaabe nations; lands that are now known as part of Treaties 6, 7, and 8 and homeland of the Métis. The University of Alberta respects the sovereignty, lands, histories, languages, knowledge systems, and cultures of First Nations, Métis and Inuit nations.





P 0 1 0 8 9 8 F S

To be valid, this passport must be signed above by the bearer, unless the bearer is a child under the age of 16.

## CANADA

Type/Type	Issuing Country/Pays émetteur
PP	CAN

Passport No./N° de passeport  
PJ10898FS

**Surname/Nom**  
**PENNINGA**  
**Given names/Prénoms**

**MCKINLEY REESE**

Nationality/Nationalité

CANADIAN/CANADIENNE

Date of birth/Date de naissance

Place of birth/Lieu de naissance

RED DEER CAN

17 JAN/ JAN 2024

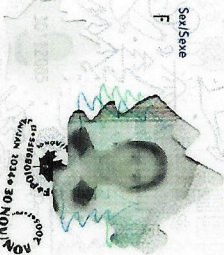
Date of expiry/Date d'expiration

17 JAN/JAN 2034  
 Authority/Autorité

MISSISSAUGA



Sex/Sexe	F
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## Verification of Disability Form

As per the University of Alberta Discrimination, Harassment and Duty to Accommodate Policy, the University of Alberta Academic Success Centre provides accommodations to prospective and current students with documented disabilities affecting mobility, vision, hearing, learning, and physical or mental health. Qualifying students who are eligible to register for accommodations are required to provide objective medical documentation of a permanent or chronic health condition/disability. In addition, students applying for government grant funding to cover the cost of accommodation services are required to provide verification of disability to determine funding eligibility. Specific accommodation decisions are based on the information provided by students, including documentation of disability, essential competencies required in their programs of study, degree, or course, and case-by-case factors. The documentation of disability must be provided by a healthcare practitioner appropriately qualified to be involved in the diagnosis(es) and/or in the treatment of the individual in order to provide objective medical information about the student's

1. diagnosis(es) and/or nature of the condition(s);
2. the permanency or chronicity of the diagnosis(es) or condition(s); and,
3. the impact of the diagnosis(es) or condition(s) when participating or interacting in post-secondary learning environments, completing post-secondary academic coursework, or completing field or clinical placements associated with the student's program of study.

### PLEASE NOTE:

- Students must complete Part 1 of the Verification of Disability Form. Healthcare providers must complete Part 2 of the Verification of Disability form.
- Students must submit completed Verification of Disability Forms to the University of Alberta Academic Success Centre via the online Academic Accommodation Registration Form
- **Please print clearly and provide comprehensive response.** Illegible or incomplete responses may delay the provision of accommodations.
- Accommodations are provided according to the University of Alberta Discrimination, Harassment and Duty to Accommodate Policy. Submission of verification of disability documentation does not guarantee the provision of specific accommodations.
- If submitted verification of disability information is not sufficient to determine accommodation eligibility or needs, the University of Alberta may seek further objective medical documentation.
- Students may at any time submit for review additional objective medical documentation in support of requests for additional accommodations.
- Students are responsible for any costs associated with obtaining verification of disability forms, additional objective medical documentation, and other University fees and tuition.
- Where applicable, students are responsible for notifying professional licensing organizations of their medical conditions; any licensing practice restrictions put in place by professional licensing organizations cannot be modified by the University of Alberta.
- If you have questions about or need assistance with the completion of this form, please email [arrec@ualberta.ca](mailto:arrec@ualberta.ca).



**PART 1: Student Authorization for Release of Medical Information – to be completed by the student before giving the form to the healthcare provider**

Student First Name McKinley  
Student Last Name Penninga  
University of Alberta Student ID Number 1861251

I authorize my healthcare provider to disclose to the University of Alberta the information on this form and additional or clarifying information that is necessary for provision of services related to academic accommodations. I also authorize the University of Alberta Office of the Dean of Students to contact my healthcare provider to discuss provision of accommodations.

Student Signature M. R.  
Date (yyyymmdd) 2024 04 24

**PART 2: Documentation of Disability(ies) – to be completed by healthcare provider and returned to the student**

<b>Nature of Disability(ies)</b>	
What is the individual's specific diagnosis(es)? Please list DSM codes where applicable. ① Juvenile idiopathic arthritis/Psoriatic arthritis. ② Dysautonomia ③ Mast cell activation Syndrome.	
Date of diagnosis (yyyymmdd): ① 2015/10/09, ② 2020/11/13, ③ 2018/09/25.	
Date of last clinical assessment (yyyymmdd): 2024-04-25.	
How long have you been treating this individual?	9 years 1 months
Are you this individual's primary healthcare provider?	<input checked="" type="checkbox"/> yes <input type="checkbox"/> no
<b>Please indicate permanence of disability/condition (select one only):</b>	
<input checked="" type="checkbox"/> <b>Permanent disability</b> not likely to resolve within individual's lifetime. Symptoms are: <input checked="" type="checkbox"/> continuous. <input type="checkbox"/> recurrent/episodic. Without her medication her symptoms are present 24/7.	
<input type="checkbox"/> <b>Individual is being monitored and/or investigations are ongoing</b> to determine diagnosis.	
Expected date of diagnosis (yyyymmdd):	
<b>Prescribed medication negatively impacts individual's daily function:</b> <input type="checkbox"/> yes <input checked="" type="checkbox"/> no	
If yes, side effects of prescribed medication restrict the individual's ability to participate in activities during the:	<input type="checkbox"/> Morning <input type="checkbox"/> Afternoon <input type="checkbox"/> Evening <input type="checkbox"/> None
If yes, please describe negative impacts (e.g., treatment recovery time, timed medications, etc.):	

<b>Impact of Disability:</b> Please rate the functional impact <sup>1</sup> of the individual's disability in the areas listed below using the following descriptors:					
<b>No Impact</b> No functional limitation evident in this area	<b>Mild</b> functional limitation evident in this area	<b>Moderate</b> functional limitation evident in this area		<b>Severe</b> functional limitation evident in this area	<b>Don't Know</b> Impact not assessed/no basis for assessment

Cognitive Impacts	No Impact	Mild Impact	Moderate Impact	Severe Impact	Don't Know
Short-term memory		✓			
Long-term memory		✓			
Verbal information processing			✓		
Written information processing			✓		
Manage distractions		✓			
Reasoning		✓			
Judgement	✓				
Problem-solving			✓		
Time management			✓		
Organization			✓		
Planning			✓		
Other (please specify): Staying awake Cognitive processing.				✓ ✓	

Physical Impacts	No Impact	Mild Impact	Moderate Impact	Severe Impact	Don't Know
Hearing	✓				
Speech		✓			
Vision			✓		
Mobility				✓	
Gross motor skills				✓	
Fine motor skills/dexterity				✓	
Energy level				✓	

<sup>1</sup> "Functional limitations [are] caused by physical or mental impairments that restricts the ability" of a student "to perform the daily activities necessary to participate in studies at a post-secondary level or the labour force..." (DD. Gov. of Can. Section 4.5, 2003).



Physical Impacts (continued)	No Impact	Mild Impact	Moderate Impact	Severe Impact	Don't Know
Sitting for sustained periods of time	✓				
Standing for sustained periods of time			✓		
Lifting		✓			
Reaching above shoulder level				✓	
Twisting			✓		
Bending				✓	
Pain				✓	
Other (please specify): <i>Slump</i> <i>Reacts to smells</i> <i>Climbing stairs</i>				✓ ✓ ✓	

**Physical Restrictions:** Select and specify any restrictions to physical activities.

<input type="checkbox"/>	Can sit no more than		minutes at one time.
<input checked="" type="checkbox"/>	Can stand no more than	<i>5 minutes.</i>	minutes at one time.
<input type="checkbox"/>	Can lift no more than		kilograms at one time.
<input checked="" type="checkbox"/>	Can walk no more than	<i>5 meters.</i>	metres at one time.
<input checked="" type="checkbox"/>	Can attend class no more than	<i>6</i>	total hours per day.
<input checked="" type="checkbox"/>	Restricted bending or twisting of the	<i>Whole body - hands above head, moving up &amp; down, moving side to side.</i>	joint(s).
<input checked="" type="checkbox"/>	Other (please specify):	<i>Dance class.</i>	

Social/Emotional Impacts	No Impact	Mild Impact	Moderate Impact	Severe Impact	Don't Know
Control emotions during evaluations		✓			
Control emotions in routine academic settings	✓				
Able to read social cues	✓				
Manage demands of academic life			✓		
Able to manage change effectively	✓				
Participate in routine academic settings			✓		
Make and keep appointments	✓				
Other (please specify):					

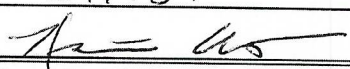
Academic Impacts	No Impact	Mild Impact	Moderate Impact	Severe Impact	Don't Know
Communication	✓				
Exam writing			✓		
Keyboarding			✓		
Notetaking				✓	
Reading		✓			
Writing			✓		
Other (please specify): Chemicals in labs				✓	

Fieldwork/Practicum Impacts	No Impact	Mild Impact	Moderate Impact	Severe Impact	Don't Know
Work safely with vulnerable populations	✓				
Stamina: meet the demands of fieldwork					✓
Other (please specify):					

<b>Campus Environment</b>		
<b>Housing:</b> Are the functional impacts of the individual's condition related to communal living environments, including dietary restrictions, dietary sensitivities, shared living space, shared washrooms, housing mobility/accessibility limitations, or others?		
<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Don't Know
If yes, please describe these impacts below: PT has a number of food allergies including dairy and food dyes.		
<b>Parking:</b> Are the individual's functional impacts related to mobility challenges, use of a mobility device, reduced energy levels due to medical treatments or symptoms, or others that impact the individual's ability to physically travel to, from, and/or around campus?		
<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Don't Know
If yes, please describe these impacts below: When in a plane, joint pain limits mobility. Reduced energy levels with joint pain and dysautonomia		



<b>Service Dog/Support Animal<sup>2</sup>:</b> Is the individual eligible to have a qualified service dog?		
<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input checked="" type="checkbox"/> Don't Know
Has the individual been prescribed a service dog or support animal for treatment purposes in order to help alleviate functional impacts associated with the individual's condition(s)?		
<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No	<input type="checkbox"/> Don't Know
If yes to the service/support animal questions above, please describe the functional impacts that are alleviated by the service/support animal and how the service/support animal alleviates these impacts:		

<b>Healthcare Provider Information</b>		Full Name		Katherine Eila Atchison	
Telephone number		403) 342-7270		Fax number (855) 878-9273	
Specialty (Please select all that apply)	<input type="checkbox"/> Audiologist <input checked="" type="checkbox"/> Family physician <input type="checkbox"/> Ophthalmologist <input type="checkbox"/> Psychiatrist <input type="checkbox"/> Registered psychologist <input type="checkbox"/> Other (please specify):	Office/Clinic Stamp  <b>Dr. Katherine Atchison</b> PRAC ID# 9955-18008 110-6845 66 Street Red Deer, AB T4P 3T5 PH: (403) 342-7270 Fax: (855) 878-9273			
Address		City/Town		Province	Postal Code
110, 6845 66 St		Red Deer		AB	T4P 3T5
Registration Certificate or License Number				Date (yyyymmdd)	
011837				2024-04-25	
Signature 					
Additional medical documentation is attached: <input checked="" type="checkbox"/> yes <input type="checkbox"/> no					

**Please return completed form to student for submission.**

**Privacy Notification:** Personal information is collected under the authority of Section 33.(c) of the Alberta Freedom of Information and Protection of Privacy Act and Health Information Act for the purpose of administering the programs offered through the University of Alberta Academic Success Centre. Personal information on this form may be shared as needed with University of Alberta faculties, departments, or units. Questions regarding the collection, use, and disposal of this information may be directed to: the University of Alberta Academic Success Centre Director, 1-80 Students' Union Building, Telephone: 780-492-2682; Email: [arrec@ualberta.ca](mailto:arrec@ualberta.ca).

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<sup>2</sup> Students are responsible for obtaining service dog IDs, following provincial service dog regulations, and all costs associated with their service dog or support animal. Use of service dogs and support animals on University of Alberta campuses must comply with the University of Alberta Pets on Campus Procedure.